



Mission: We provide superior healthcare and value through an integrated partnership among patients, providers, and community resources.

Welcome Joan Snyder, RN Population Health Coordinator



We are pleased to welcome the newest Alliance team member, Joan Snyder, RN as our Population Health Coordinator. Joan is a registered nurse with over 35 years of experience in a variety of nursing roles, which has allowed her to develop a unique set of skills. She has a strong clinical background in

emergency services, critical care and pediatrics. Joan has also worked with large medical databases used in the development and evaluation of systems of care at the state and Federal level, and implemented quality improvement programs for a regional health system. She has worked in a number of positions at MWHC including home infusion nurse, case manager, home health liaison, performance improvement coordinator and most recently, Director of Medical Support Services. Joan received her Bachelor of Science in Nursing degree from St. Louis University and a Master of Science degree from the University of Maryland at Baltimore.

Joan will be working on a number of projects within the Alliance. Her primary responsibilities will include:

- Designing integrated care plans and interacting with patients in coordination with Alliance physicians
- Identifying high risk or chronic care patients that could benefit from care coordination based on evidence based guidelines
- Developing and implementing care plans and protocols under the direction of the Network Medical Director
- Assessing patient admissions, transfer and bed utilization based on high risk and chronic care conditions
- Using client clinical analytics to develop and co-manage collaborative wellness programs including health coaching activities

Welcome To The Alliance! New Providers

- ◆ Fredericksburg Hospitalist Group
Uzma Hasan, MD
- ◆ Fredericksburg Nephrology Associates
Tarik Noureldeen, MD
- ◆ Sieht
Christopher Shen, MD
- ◆ Endocrinology & Diabetes Associates
Mahdere Asfaw, MD
- ◆ Pratt Medical
Rosemary Harwood, MD
Janice Soliven, MD
- ◆ Physical Medicine Associates
Douglas Wisor, MD
Costa Soteropoulos, MD
- ◆ KidsChoice Pediatrics
Lori Van Horn, MD
Suzanne Richman, MD
- ◆ Rehabilitation Medicine Physicians
Anne Truong, MD

New Owners

Radiologic Associates of Fredericksburg
Deepak Raghavan, MD

Virginia Cardiovascular Consultants
Frans Vossenberg, MD
Thomas Martyak, MD

Fredericksburg Foot & Ankle Center
Ross J Girvan, DPM, FACFAS

Fredericksburg Women’s Health Associates
Shenika Welch-Charles, MD

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Committee Corner...



Message from Dr. Kurian Thott Chair, Communications & Education, Board of Managers

The start of the year has been busy for our committee with much of our focus on how to get key information out to our stakeholders. We know that e-mail is not the most personalized way to get

information to you but when critical, we the team at the Alliance, have met with physicians and practices directly. We ask that you take a moment to read the emails sent you from the Alliance so that we can continue to bring you high yield information.

As part of the information bundles you have received in the past few months, I wanted to take this opportunity to highlight those key areas we have been working on.

MSSP Notification

MSSP posters have been placed in all Alliance ACO provider waiting rooms in January. If you need more signage please contact Pam Johns. As part of the CMS requirements we mailed 15,000 letters to Medicare beneficiaries notifying them of the MSSP program and giving them the option not to share their information with the Alliance. We have only received 450 declinations back. Travis and his team have met with 55 practices individually to educate them on the process for speaking to Medicare beneficiaries and provided them with necessary documentation.

Alliance Website

New enhancements include a dedicated ACO public reporting web page; but we know we are gaining more interest. As in Q4-2014 we had 1492 unique visitors to the site, but had more than 1700 unique visitors the first two months of Q1-2015 so we know traction is occurring.

Town Hall

We had a very successful PCP Town Hall on March 3 with a community physician panel discussion on the Annual Wellness Visit. Panelists discussed the elements required for the Medicare AWW with ideas and best practices as well as how to provide the components of the AWW in a way that most benefits patients and fits into existing schedules. Keep a look out for more Town Halls as we feel this is a real chance for us as physicians to start working and discussing key issues together.

Annual Value Report

In the next few weeks you will be receiving our Annual Value Report. Please take the time to review this and share with your colleagues. If you want more copies for your waiting room please let Pam Johns know.

As always we are looking for feedback on how we can improve our communication with you and your staff. Please reach out to us. I continue to look forward to an exciting year for our Alliance!

New Website Enhancements

Take a look at the newly enhanced Alliance webpage. Completed design changes include:

- **Medicare Shared Savings tab** linking to a dedicated ACO public reporting web page according to the program requirements
- **News tab** providing links to Healthcare In the News presenting relevant articles for our providers
- **Slider Banner** with New Physician Welcome and Special Events Banner Options

More design changes are on the way. We will keep you informed.

Visit the website with all of the recent updates and changes.
<http://MWHealthAlliance.com>



MWMD

Mary Washington Health Alliance

HealthLink & Veterans Affairs Initiative



Since multiple problems with veterans obtaining access to medical care through the Veterans Affairs Department healthcare network first surfaced last spring, the Mary Washington Health Alliance has been working with our local veterans groups to facilitate getting some of their healthcare needs met through the

Alliance. Following months of planning, our formal initiative with the VA began on Veterans Day, 2014. Mary Washington HealthLink has been an instrumental component of this initiative. HealthLink functions as the point of contact for the veterans referred to the Alliance. They make sure that all the pertinent referral information is complete and they expedite the process of getting the veterans to the appropriate Alliance specialty or facility in an efficient manner. The Alliance recently participated in a conference call regarding the Veterans Choice Program during which we were thanked for our partnership with the VA by Dr. James Tuchschildt, VA acting principal deputy to the Undersecretary for Health and Human Services.

Annual Preventative Care & Lab Work

With Aetna/ Innovation Health as the medical plan carrier, Mary Washington Healthcare associates and their covered families receive one visit a year with \$0 copay and covered 100% when visiting our Alliance physicians for the following services: Well-Baby & Well-Adult Annual exam, Annual Gyn and Routine screenings (Mammogram, PAP, PSA, etc.)

All lab work should be performed at either MLV or Quest. Labcorp is out of network.

New Alliance Value Based Contract!

We are excited to announce the Alliance's NEW Value



Based contract with Aetna beginning this month! The goal, which is key to the Alliance, is to provide coordinated high-quality care, improved clinical performance and decreased cost of care for the Aetna lives in our network.

This is a 3 year Total Cost and Quality (TCQ) Contract with Aetna that has 10,000 covered lives attributed to the Alliance. It is an upside only, gain share, value-based contract which 'mirrors' many of the tenets of the Medicare Shared Savings Program with regards to the minimum savings rate as well as the quality components. The metrics will be similar to MSSP as well, but much less in scale with only 8 quality metrics required. Attribution is based on the previous two years and the benchmark is based on the prior year.

Our Board of Managers has approved moving forward and we will require a signature for each TIN (not each provider) in the network. DocuSign will be utilized for the legal document review; however, the process is much simpler with only one document and one signature required for each practice. You will receive additional e-mail communication as we get closer to requesting signatures.

If you have any questions or concerns with the document, please call Carole Sillman (540) 741-2436 or Pam Johns (540) 741-2118 for assistance.


Attention Alliance Practices!

Please notify the Alliance of any provider or address changes within your practice: pamela.johns@mwhc.com

April 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 Finance & Contracting 7:00-8:00 am West B MWH	10	11
12	13	14	15	16 Board of Managers 7:00-8:30 am Suite 309 FHA	17	18
19	20 Membership & Ops 7:00—8:30 am Suite 309 FHA	21	22	23 Clinical Quality 7:00-8:00 am Location: TBD	24 Comm. & Educ. 7:30—8:00 am TMMP CR E	25
26	27	28	29	30		

May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11 Membership & Operations 7:00-8:30 am Suite 309 FHA	12	13	14 Finance & Contracting 7:00-8:00 am MWH I West B	15	16
17	18	19	20	21 Board of Managers Mtg. 7:00-8:30 am FHA Suite 309	22	23
24	25  Memorial Day	26	27	28 Clinical Quality Mtg. 7:00-8:00 am Location TBD	29 Communica-tions & Educa-tion 7:30—8:00 am TMMP CR E	30
31						

June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11 Finance & Contracting 7:00-8:00 am West	12	13
14	15 Member-ship & Opera-tions 7:00-8:30 am FHA Suite	16	17	18 Board of Managers 7:00—8:30 am FHA Suite 309	19	20
21	22	23	24	25 Clinical Qual-ity Comm. 7:00—8:00 am	26 Communica-tions & Educa-tion 7:30—8:00	27
28	29	30				

Alliance Events