

# 2018 Value Report Summary

**MISSION:** We provide superior healthcare and value through an integrated partnership among patients, providers, and community resources.



## The Mary Washington Health Alliance

is the only clinically integrated network (CIN) in our service area. Our doctors, hospitals, and medical facilities work to provide the right care, at the right time, in the right place, with the right provider.

As a Next Generation ACO, we are experienced in coordinating care for populations of patients. This model allows the best opportunity to shift patient care away from fee-for-service payment toward a whole-person population health focused clinical model.

**COVERED LIVES**  
**70,000+**



## NETWORK DEMOGRAPHICS

**445** PROVIDERS  
**125** PRACTICES  
**39** SPECIALTIES

**28** PEDIATRICS  
**21** INTERNAL MEDICINE  
**52** FAMILY MEDICINE

**242** SPECIALISTS  
**102** HOSPITAL-BASED



## GOVERNMENT

**1 of 51** in the country  
NextGeneration ACO program

**8 EPISODES OF CARE**

BPCI Advanced Participation which is initiated by a hospital stay and scheduling 90 days post-acute care

**OVER 10,000 MEDICARE PATIENTS**

screened in Million Hearts Program plus 2,500 patients at high risk for stroke and heart attack identified with subsequent 8% reduction in risk

## COMMERCIAL

### Value-Based:

Anthem, Aetna, Cigna, Humana, Innovation Health initiatives

### Fee-for-Service:

Aetna, Cigna, Humana, Innovation Health, Optima, VHN



## OUTCOMES AND IMPROVEMENTS

**~200** heart attacks and strokes prevented through CMS Million Hearts program

**47.5%** increase in annual wellness visits

**6,830** total AWWs performed

**74.1%** mammogram compliance

**78.3%** HCC coding opportunities

## QUALITY (% COMPLIANT)

### Medicare Top 3 Compliance Measures

**91.08%** IVD use of Aspirin

**89.08%** Fall risk screening

**84.62%** Statin therapy for ASCVD

### Anthem - Composite Quality Score

**12.32%** better than Adult target

**21.34%** better than Pediatrics target

## SAVINGS

**\$5M** Bundled Payment Care Initiative

**\$11.9M** Medicare Shared Savings Program

**\$1M** MWHC Associate Group Plan

**>\$1M** Quality & Efficiency Program